713 Volvo Parkway Suite 200 Chesapeake, Virginia 23320 Telephone (757) 547-4500 Fax (757) 547-4502 www.greenbrierobgyn.com

NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

I. What This Is

This Notice describes the privacy practices of Greenbrier Obstetrics and Gynecology, P.C.

II. Our Privacy Obligations

We are required by law to maintain the privacy of medical and health information about you ("Protected Health Information" or "PHI") and to provide you with this Notice of our legal duties and privacy practices with respect to PHI. When we use or disclose PHI, we are required to abide by the terms of this Notice (or other notice in effect at the time of the use or disclosure).

III. Permissible Uses and Disclosures Without Your Written Authorization

In certain situations, which we will describe in Section IV below, we must obtain your written authorization in order to use and/or disclose your PHI. However, we do not need any type of authorization from you for the following uses and disclosures:

- A. <u>Use and Disclosure With For Treatment, Payment and Health Care Operations.</u> We may use and disclose PHI, but not your "Highly Confidential Information" (defined in Section IV. C below), in order to treat you, obtain payment for services provided to you and conduct our "health care operations" (e.g., internal administration, quality improvement and customer service) as detailed below:
 - <u>Treatment.</u> We use and disclose PHI to provide treatment and other services to you--for example, to diagnose and treat your injury or illness. In addition,

we may contact you to provide appointment reminders or information about treatment alternatives or other health-related benefits and services that may